

Guardian

Feeling Better Starts Here



5⁹⁹
ea.



12⁹⁹
ea.



CREST PRO HEALTH, ORAL-B or FIXODENT
Oral Care Products
Selected Types and Sizes

TENA
Protective Underwear
10's-14's



hot deal!
8⁹⁹
ea.

BOOST
Meal Replacement,
Diabetic 6x237mL,
Protein 4x325mL or
Pudding 6x142g
Selected Flavours

4⁹⁹
ea.



SAVVY
Facial Tissue 6pk or
atoma
Facial Tissue 6pk
Selected Types

3⁹⁹
ea.



PUREX
Laundry Detergent, 1.47L
or Pods 23ct



Fill your stockings with great deals.



personal care

3⁹⁹
ea.

ALWAYS
Pads and
TAMPAX
Tampons 1X
Selected Types
and Sizes



2/\$7

OLD SPICE
Deodorant,
Body Spray,
Body Wash,
Bar Soap or
HERBAL ESSENCES
Haircare
Selected Types
and Sizes



1⁹⁹
ea.

COLGATE
Toothbrush and
Toothpaste,
IRISH SPRING
Bar Soap, **SOFTSOAP**
Liquid Hand Soap or
SPEED STICK
Deodorant
Selected Types
and Sizes



11⁹⁹
ea.

PAMPERS
Diapers or
Wipes
Selected
Types and
Sizes



9⁹⁹
ea.

CLAIROL
COLOR CRAVE,
NICE & EASY
PERFECT 10,
SCHWARZKOPF
SPLAT, or
VIDAL SASSOON
Hair Colour
Selected
Shades



4⁹⁹
ea.

VASELINE
Body Lotion
600mL or
Spray 184g
Selected
Types



20%
OFF*

BAND-AID
Bandages
10's to 60's or
POLYSPORIN
15g, 7.7mL or
177mL
Selected
Types



10⁹⁹
ea.

GILLETTE
or **SCHICK**
Razor System
Selected Types
and Sizes



convenience

6⁹⁹
ea.

HUER
Holiday
Pretzel Tray
345g



2⁴⁹
ea.

CHRISTIE
WHEAT THINS,
RITZ, VEGGIE
THINS or
Cheese Crackers
180-250g
Selected Types



3⁹⁹
ea.

PLANTERS
Raw Cashews
and
Mixed Nuts
125g



3⁹⁹
ea.

SAN PELLEGRINO
6x330mL



health and wellness

5⁹⁹
ea.

DIMETAPP
or **ROBITUSSIN**
Cough &
Cold Syrup
100-115mL
or Liquidgels
20's



2/\$5

HALLS
Lozenges Bag
17's-30's



27⁹⁹
ea.

THRIVE
Nicotine 2mg
Gum or 1mg
Lozenges
108's



WOW!
7⁹⁹
ea.

TYLENOL
or **MOTRIN**
Tablets or
Caplets
18's-120's or
Liquid Gels
72's-90's
Selected
Types



WEEK LONG SAVINGS!
guardian-ida-pharmacies.ca

NOV/DEC

FRI 29 SAT 30 SUN 01 MON 02 TUES 03 WED 04 THURS 05

Proudly Canadian

health and wellness

15⁹⁹
ea.

ANTISTAX
Tablets 30's



9⁹⁹
ea.

FLINTSTONES
Multivitamins
50's-60's



7⁹⁹
ea.

SEKOTOT
Ginger Relief
Tablets 30's



4⁹⁹
ea.

TENA
Wipes, 48's



Visit **GetHealthySavings.ca**
for great money savings coupons!



ADVIL 12 HOUR
52 Tablets



CENTRUM MULTIGUMMIES
150 Gummies



EMERGEN-C SUPER ORANGE
30 Sachets



ADVIL LIQUI-GELS
72 Capsules



ADVIL ES LIQUI-GELS
50 Capsules

15% OFF*
*Our regular retail price

Be sure this product is right for you. Read and follow the label.
Liqui-Gels® is a trademark or registered trademark of Catalent Pharma Solutions.
*In Alberta some products are schedule I & II and sold in pharmacy only.

13⁹⁹
ea.

REPLENS
Gel Vaginal
Moisturizer 8's,
35mL or 80mL



7⁹⁹
ea.

LIFESTYLE SKYN
Condoms
10's-12's



7⁵⁰
ea.

ENSURE MAX
Chocolate
or Vanilla
235mL



20% OFF*
*Our regular retail price

MICATIN
or **FLEXITOL**
Foot Care
Products
Selected Types
and Sizes



Let's talk about HEARTBURN

If you suffer from heartburn, there are several over-the-counter options with some that can provide relief in minutes! Your pharmacist can help you choose a product that is right for you.



9⁹⁹
ea.

atoma
Antacid Liquid
600mL or
Tablets 60's
Save up to
\$2.50

women's needs

14⁹⁹
ea.

JAMIESON
Biotin Softgels
45's-60's or
Gummies 100's,
Hair Skin & Nails
Tablets, Softgels's
60's or Caplets
45's



15⁹⁹
ea.

CANESTEN
Combi Pack
1 or 3 Day Treatments



health

8⁹⁹
ea.

DERMAL THERAPY
Hand Cream
100mL,
Heel Care 90g
or Body Lotion
240mL



1⁹⁹
ea.

SOLO GI-LOW
Glycemic
Energy Bars 50g



first aid

15% OFF*
*Our regular retail price

BAND-AID
Wound Care
Bandages
Selected Sizes



6⁹⁹
ea.

OZONOL
Ointment Regular or Plus
30g



Exclusive Brand atoma®

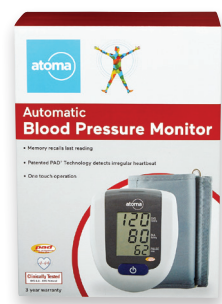
9⁹⁹
ea.

atoma
Early Result
Pregnancy Test
2's
Save up to \$7



30% OFF*
*Our regular retail price

atoma
Automatic or Premium
Advanced Automatic
Blood Pressure Monitor
Save up to \$42.70



25% OFF*
*Our regular retail price

atoma
Cold and Hot
Compression
Selected Types



atoma® Cough and Cold
Put your cold to rest.
Switch and Save vs. leading national brands



Quality.
Guarantee.
Lower Price.

Happy Holidays

From November 29 to December 5, 2019

4⁹⁹
ea.

Ovation
Raspberry, Chocolate Orange, Dark Mint or Dark Orange
175g



7⁹⁹
ea.

KINDER
Mini Chocolate Advent Calendar
144g



3⁹⁹
ea.

PLANTERS
Chocolate Almonds 200g



3⁴⁹
ea.

NESTLE SMARTIES 74g or **KITKAT** Santa Multipack 60g



2/\$5

DONINI
Milk Chocolate Rudolph Lollipop 40g



6⁹⁹
ea.

OCCASIONS
Chocolate Assorted Tower 450g or **NESTLE MACKINTOSH'S** Tin 260g



13⁹⁹
ea.

EXCLUSIVE BRANDS
SCRABBLE or **MONOPOLY**
Chocolate Collection 108g



4⁴⁹
ea.

DONINI
Milk Chocolate Snowman Box 75g



6⁴⁹
ea.

LINDT
Gold Teddy Bear Chocolate 100g



11⁹⁹
ea.

NESTLE TURTLES
Original 350g or **QUALITY STREET** 360g



4⁹⁹
ea.

M&M
Mini Tubes 120g



m&m's

Skittles

Wrigley's
Hubba Bubba

LIFESAVERS

249
ea.

40 Microdot LED
Light Set
Selected Types



249
ea.

Xmas Tree
Topper
Selected Types



299
ea.

10' LED 30L
Microdot
String Lights
Selected
Types



499
ea.

100 Microdot LED
String Lights
Selected Types



299
ea.

20 5MM LED
Lights with Timer
Selected Types



Have a jolly holiday.



1899
ea.

Shimmer Tree
Brown with Snow
or White
Selected Types



999
ea.

Artificial
24" Potted Tree



1499
ea.

Men's Slippers
or Men's Leather
Fanny Pack
Selected Types



1699
ea.

24" LED Battery
Operated
Snowy Tree

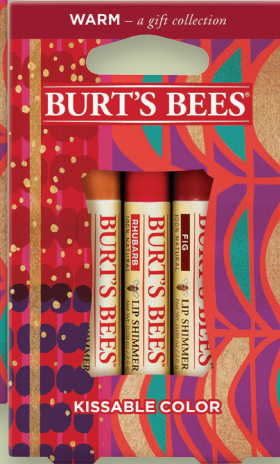
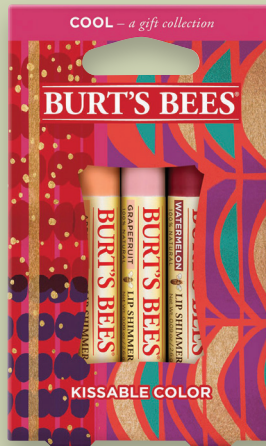


599
ea.

50 Mini Indoor
Lights
Selected Types



12⁹⁹
ea.

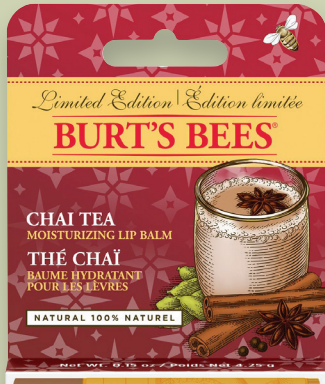


8⁹⁹
ea.



Wrap up their wish list.

BURT'S BEES Holiday Packs or Kits



3⁹⁹
ea.



8⁹⁹
ea.



4⁹⁹
ea.



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8⁹⁹
ea.

BRANDS UNLIMITED
Kahlua Ceramic
Mug Gift Set
LINDT
Mug Gift Set or
LAURA SECORD
Wood Sleigh
Gift Set



15⁹⁹
ea.

MRS. FIELDS
Christmas Tin
397g



Sweet stocking stuffers.

1⁴⁹
ea.

SKITTLES
Candy Cane 48g
GANONG
Chocolate
Peppermint 100g



4²⁹
ea.

JELLY BELLY
Holiday
Favourites
Gift Box
Assorted Types
and Sizes



5⁴⁹
ea.

LINDT
LINDOR
Christmas
Ornament Tin Milk
or Assorted
48g



4⁹⁹
ea.

RUSSELL STOVER
Pecan Delight Box
128g,
GHIRARDELLI
Hot Chocolate or
Mocha 298g



4⁹⁹
ea.

KINDER
Mini Eggs 182g,
Chocolate
Mini 150g or
Schokobons 200g



8⁹⁹
ea.

RUSSELL STOVER
Holiday Tins
Assorted Types
284-584g



22⁹⁹
ea.

HICKORY FARMS
Tea Time Collection, Hickory
Ham Lover Roll, Beef Lovers
Collection, Deluxe Cheese
Collection or Friends &
Family Gift Set



2⁹⁹
ea.

GANONG
DELECTO
Chocolates
Selected Types
182-210g Bags or
LAURA SECORD
Biscotti Almond,
Cranberry or
Double Chocolate
125g



17⁹⁹
ea.

FERRERO
GOLDEN
GALLERY
Advent
Calendar
233g



3⁴⁹
ea.

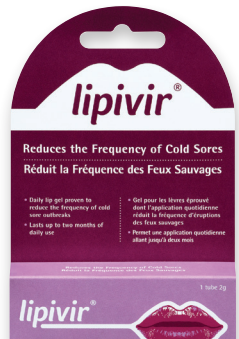
GHIRARDELLI
Peppermint Bar
Milk or Dark
100g



personal care

19.99
ea.

LIPIVIR
2g



4.49
ea.

COLGATE TOTAL and
TOTAL ADVANCED HEALTH,
ENAMEL HEALTH, **OPTIC WHITE**,
or **SENSITIVE PRO-RELIEF**
Toothpaste 70-170mL,
Selected Manual
Toothbrushes and
Twin Packs or
Mouthwash 500mL
Selected Types



4.49
ea.

TOMS OF MAINE
Deodorant or
CAPRINA
Soaps Milk Bar
Soap, Body Wash or
Foam Bath
Selected Types
and Sizes



2/7\$

atoma
Liquid Hand
Soap Refill
950mL,
PURELL
236mL or
WET ONES
40's



26.99
ea.

SIMILAC
Baby Powder
800-850g
Selected Types



4.49
ea.

IVORY or **OLAY**
Body Wash or
Bar Soap
Selected Types
and Sizes



3.99
ea.

GILLETTE FUSION,
VENUS & OLAY, or **EOS**
Shave Cream or Gel
Selected Types
and Sizes



9.99
ea.

JERGENS
NATURAL GLOW
Selected Types
and Sizes



10% OFF*

*Our regular retail price

GOT 2B
Hair Care
Selected Types
and Sizes



15% OFF*

*Our regular retail price

JOHN FRIEDA or
MARC ANTHONY
Hair Care
Selected Types
and Sizes



6.99
ea.

HERBAL ESSENCES
BIO RENEW
Hair Care Products
Selected Types
and Sizes



ALMAY
Clean • Effortless • Hypoallergenic



WOW!
30% OFF*

*Our regular retail price

ALMAY
Cosmetics
Selected Types
and Shades



20% OFF*

*Our regular retail price

EUCERIN
Body and Facial
Care Products or
NOXZEMA or
PONDS Skincare
Selected Types
and Sizes



8.99
ea.

BIO-OIL
60mL



cosmetics

BIODERMA
LABORATOIRE DERMATOLOGIQUE
The **dermatological reference**
for sensitive skin

20% off
Bioderma
products



*Participating stores only.
BIOLOGY AT THE SERVICE OF DERMATOLOGY

Eyeshadow does
the job of adding
depth demension
to your eyes

REVLON
9.99
ea.

Lip or Eye
Makeup
Selected Types
and Shades



Sally Hansen

20% OFF*

Nail Treatments or
MIRACLE GEL
Nail Polish
Selected Types
and Shades



MAYBELLINE
NEW YORK

20% OFF*

Eye Cosmetics
Selected Types
and Shades



COVERGIRL
9.99
ea.

Selected Lip,
Face or Eye
Cosmetics
Selected Types
and Shades



great deals

16⁹⁹
ea.

SOLO CARE AQUA
All-In-One Solution
2x360mL



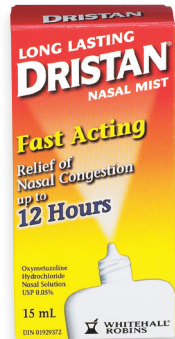
15% OFF*
*Our regular retail price

LIVRELIEF
Cream
50-100g



5⁹⁹
ea.

DRISTAN
Nasal Spray
or Nasal Mist
15mL



Exclusive Brand atoma®

11⁹⁹
ea.

atoma
Ibuprofen 400mg
Caplets 144's
Save up to \$5



13⁹⁹
ea.

PRESERVISION
Areds 2
Vitamins
Capsules
60's



9⁹⁹
ea.

ALEVE
220mg Caplets
20's-50's or
Capsules 26's



20% OFF*
*Our regular retail price

BETADINE
Sore Throat
Gargle 240mL or
Spray 50mL



7⁹⁹
ea.

atoma
Cold & Sinus
Ibuprofen Caplets 40's
Save up to \$6



THIS MONTH'S GREAT BUY

10⁹⁹
ea.

atoma
Complete Multi
Strain Probiotic
Double Strength
Capsules 40's
Save up to \$5.30



Exclusive Brand atoma®

BUY 10, GET 1 FREE! atoma® Collector Card* Start Earning TODAY!
*At participating locations. Exceptions apply. See in-store for details.

4⁹⁹
ea.

UNISOM
Sleep Gels or
Tablets 20's



7⁹⁹
ea.

atoma
Cold Stix
10's
Save up to \$3



7⁹⁹
ea.

JAMIESON
Calcium Caplets
120's-200's



4⁹⁹
ea.

atoma
Vitamin D 400IU
Caplets 270's or
1000IU Tablets
180's-260's
Save up to \$3



9⁹⁹
ea.

AVEENO
Body Lotion
or Body Wash
532mL
Selected Types
and Sizes



3⁹⁹
ea.

PERT
2 in 1 Shampoo
and Conditioner
500mL or
ALBERTO
EUROPEAN
Hair Care Products
Selected Types



5⁹⁹
ea.

POISE
Pads, Liners
or Microliners
12's-50's or
TENA Pads
or Liners
10's-48's
Selected
Types



25% OFF*
*Our regular retail price

AMOPE
Foot Care
Products
Selected Types
and Sizes



15% OFF*
*Our regular retail price

CLEARASIL,
OXY or
BURT'S BEES
Acne Care
Products or
BIORE Skincare
Selected Types
and Sizes



2/\$6

Q-TIPS
Cotton Swabs
170's or **VASELINE**
Petroleum Jelly 50g



2/\$5

RIGHT GUARD,
DRY IDEA or
DEGREE
Deodorant or
DOVE Bar Soap
2x113g
Selected Types
and Sizes



5⁹⁹
ea.

COLGATE
1L Mouthwash,
Power
Toothbrushes
and Twin Packs
and
SENSITIVE
PRO RELIEF
Selected Types



2⁹⁹
ea.

PINE SOL
Cleaner
828mL



4⁹⁹
ea.

SWIFFER
DUSTER and Refills
Selected Types or
RESOLVE
OXI ACTION
Spray 650mL or
IN WASH
Powder 765g



2⁴⁹
ea.

ARM & HAMMER
Carpet or Room
Deodorizer,
700g
Selected Types



4/\$5

RENUZIT
Air Fresheners,
198g
Selected Types



Contour
Evolving with you

Improving diabetes management.
Trust the light.

CANADA'S #1 TEST STRIP

The highly accurate and easy-to-use CONTOUR®NEXT ONE meter provides instant feedback with the smartLIGHT feature.

WITHIN TARGET

ABOVE TARGET

BELOW TARGET



ascensia.ca

ASCENSIA Diabetes Care
Δ IQVIA (formerly IMS) market share of CONTOUR®NEXT test strip sales for the period Feb 2018-Feb 2019. Data on file. 1. Stuhr A and Pardo S. Impact of Real-World Use of the CONTOUR®DIABETES App on Glycemic Control and Testing Frequency. Poster presented at the Diabetes Technology Meeting (DTM). © TM see ascensiadabetes.ca/trm-mc. © 2019, Ascensia Diabetes Care Holdings AG. All rights reserved.

Contour next ONE
Blood Glucose Monitoring System

Guardian



Find your nearest participating
GUARDIAN PHARMACY
at guardian-ida-pharmacies.ca

THIS FLYER IS RECYCLABLE AND PRINTED WITH VEGETABLE BASED INKS

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